

TWO-YEAR PROGRESS REPORT

ABC Suicide Prevention Program

*A Report to the New Mexico Department of Finance and Administration
and
New Mexico Legislative Finance Committee*

Prepared by Santa Fe Community College

NM Government Results and Opportunity (GRO) Expendable Trust Appropriation, FY25–FY27

September 1, 2026

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Appendices

Supporting materials are attached in numerical order following this report, tabbed by number for reference.

- Appendix 1** — ABC Suicide Prevention Logic Model
- Appendix 2** — Partner Class QR Code Flyer
- Appendix 3** — ABC Progress Report (Issued Quarterly to SFCC Leadership, Annually to DFA and LFC)
- Appendix 4** — Instructor Course Pre- and Post-Survey Report
- Appendix 5** — Partner Class Pre- and Post-Survey Report
- Appendix 6** — ABC Testimonials
- Appendix 7** — Quay County Proclamation
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- Appendix 9** — NMAAA Memorandum of Understanding
- Appendix 10** — NMAAA Frequently Asked Questions
- Appendix 11** — ABC Partner List
- Appendix 12** — Regional, State-wide and National Conferences — Program Participation

Creation of the ABC Suicide Prevention Program

In 2024, the New Mexico Legislature established a \$1.5 million, three-year investment through the Government Results and Opportunity Expendable Trust (GRO) for “a suicide prevention training program.” The appropriation was directed to Santa Fe Community College from FY25–FY27 to develop, deliver, and evaluate the program.

The search for a New Mexico–centered training program coincided with the release of the 2024 National Strategy for Suicide Prevention, a comprehensive 10-year plan coordinated by the U.S. Department of Health and Human Services (HHS). The plan included community-based prevention measures and encouraged building broad-based, collaborative, sustainable partnerships with community providers and both public and private sector organizations.

“This new National Strategy acknowledges major advancements since 2012 and recognizes existing gaps and emerging issues in the field that demand our attention. At the heart of this strategy lies a call for a more coordinated and comprehensive public health approach to suicide prevention.

This approach prioritizes collaboration between the public and private sectors as well as with people with lived experience and groups that have been disproportionately affected by suicide. It also includes an Action Plan to be initiated over the next three years that outlines formal commitments made by agencies across the federal government to advance suicide prevention in the United States.”

— Surgeon General Vivek H. Murthy, MD, MBA

We determined that creating new curriculum based on the Community-Based Suicide Prevention strategic direction of the National Strategy would be the best way to deliver training to meet the needs of people in our state. It would also mean that suicide prevention could continue to be accessed by New Mexicans for years beyond the GRO funding period.

A Community-Based Model: Ask. Be Present. Connect.

ABC Suicide Prevention is a community intervention education program developed for implementation across New Mexico. It is a public-facing model that teaches skills that are easy to remember, straightforward to implement, and summarized in just fourteen words:

A Ask Are you thinking about suicide?	B Be Present Listen.	C Connect To resources — text/call 988.
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While ABC is deliberately simple, the development process behind it is not. This report documents that process: the bodies of research and national guidance of best practices and evidence-informed steps that informed the

curriculum, the professional expertise applied in translating them, and the stakeholder and lived-experience knowledge incorporated.

ABC is designed in the health promotion paradigm of CPR — immediate, effective skills to intervene on a heart attack. ABC is immediate, effective skills to intervene on a broken heart. Everyday people — coaches, fellow workers, friends, barbers, bus drivers, teammates, bartenders, neighbors, teachers, and companions — are in positions to notice what is going on with others and intervene as needed.

ABC's development is well documented and traceable to authoritative sources, principally the 2024 National Strategy for Suicide Prevention (U.S. Department of Health and Human Services [HHS], 2024a) and the CDC's Suicide Prevention Resource for Action (Centers for Disease Control and Prevention [CDC], 2022). Suicide intervention training literature supports a bounded set of expectations — short-term gains in knowledge, self-efficacy, and preparedness reported across randomized trials, with attenuation over time and unresolved evidence on behavioral outcomes (Liu et al., 2025; Holmes et al., 2021; Kingi-Uluave et al., 2024).

SPOTLIGHT

Creating a Suicide Prevention Program for New Mexico

Research on designing a new suicide prevention program ensued in spring of 2025. ABC Suicide Prevention is a community intervention education program developed for implementation across New Mexico. It is a public-facing model that teaches skills that are easy to remember, straightforward to implement, and summarized in just fourteen words:

A – Ask are you suicidal? B – Be Present, Listen. C – Connect to resources, text/call 988.

Invest 90 seconds to learn about ABC — watch the video: vimeo.com/1102973380

Aligning with the National Strategy for Suicide Prevention

ABC is grounded in the seven goals outlined in Strategic Direction 1: Community-Based Suicide Prevention of the [2024 National Strategy for Suicide Prevention](#).

Goal 1 — Establish effective, broad-based, collaborative, and sustainable suicide prevention partnerships.

The ABC team has effectively partnered with several government agencies, counties, businesses, and organizations. One partner of note is Los Alamos National Laboratory (LANL) where ABC is taught regularly for its employees.

ABC was created and beta tested in two counties, representing different geographic locations with contrasting demographics — both had experienced high levels of death by suicide: Grant and Los Alamos Counties. Subject matter experts, behavioral health practitioners and community members, and people with lived experience participated in all aspects of the creation of the curriculum.

Partners also urged the addition of social media and online scams to be included in the curriculum as risk factors for suicide. ABC includes those factors.

Goal 2 — Support upstream comprehensive community-based suicide prevention.

As an intervention model of suicide prevention, the delivery of ABC is for immediate interaction with a person in distress who may be thinking about suicide. ABC also supports upstream suicide prevention as it teaches people to notice one another, respectfully pay attention to others, and specifically to listen to a person — all upstream



supports for suicide prevention. ABC has also developed several delivery modalities with the goal of having people come together, be connected in community to take a class in person, share their lived experiences, and support one another. The intention with developing a screencast modality (recorded video on demand) was so each of the 122 rural senior centers in every hamlet and village in New Mexico could bring their participants and the public together to watch the video in community. Living in rural areas is a risk factor for suicide. ABC programming is reaching people across New Mexico. In addition, ABC has reached thousands of New Mexicans via conference participation, delivering upstream suicide prevention across the state.

Year three will continue this outreach and will create more upstream comprehensive community-based suicide prevention. Promoting health connections, teaching coping and problem-solving skills, and building resiliency for individuals, families, and communities will be targeted.

SPOTLIGHT

Meta Trial in New Mexico

The New Mexico Department of Justice won a landmark verdict against Meta, which was found liable for misleading consumers about the safety of its platforms and endangering children. In the two Meta judgments, New Mexico won \$942 million against Meta.

Clarie Miller, Lead Suicide Prevention Coordinator for New Mexico Department of Health, was a witness in Phase 2 of the trial on May 4, 2026. Here is her story:

"I began supporting the New Mexico Department of Health (NMDOH) with the Office of School and Adolescent Health in 2021 for their suicide prevention work. I was asked to be the Youth Suicide Prevention Coordinator in 2022. I immediately began working with youth leadership groups across the state. Upon our engagements, I observed the need for social media guidance. As I heard stories across the state of catfishing, sextortion, and more, I was reaffirmed that we could not talk about mental health without talking about social media. As New Mexico youth shared their stories, I promised their voices would be heard. I had no idea how to do that.

I created training that discussed and supported healthy social media usage; the students requested this be taught to their parents. And so, it was.

I was approached later, after becoming the Lead Suicide Prevention Coordinator for NMDOH in Santa Fe, about a new culturally relevant suicide prevention program, ABC Suicide Prevention. I appreciated the outreach and was able to relay the importance of including social media in suicide prevention; they listened, heard, and incorporated social media.

During this time, I was engaged with NMDOJ and our attorneys about a social media lawsuit against Meta.

When I was able to give a 12-hour deposition, January 2026, in preparation for the case, I was confident and proud to show New Mexico was acting prior to the trial to combat social media effects, through my trainings and now with ABC (Ask. Be Present. Connect.)

During the deposition, I shared the ABC partner slide deck with both the prosecutors and defense, which included attention to social media. I could not provide social media education in any other programs I worked with, as it did not exist.

In the second phase of the Meta trial, I testified in front of the judge and again presented ABC as a tool

New Mexico has used to educate and support New Mexico communities in social media education as it relates to mental health and suicide prevention.

I left the NMDOH on July 2, 2026, to support and ensure ABC is available in all counties and communities of New Mexico. ABC has and will continue to be a resource to move the needle in suicide reduction in New Mexico.”

— Clarie Miller, Lead Suicide Prevention Coordinator, New Mexico Department of Health

Goal 3 — Reduce access to lethal means among people at risk of suicide.

ABC teaches directives on Talk & Lock to support separating a person in distress from means of dying by suicide. ABC delivers free gunlocks, in collaboration with and provided by the NM DOH, to all ABC Partner Class participants. More than 50% of deaths by suicide in New Mexico are by firearm, so this is a powerful intervention to save lives.

ABC was chosen over other programs to train a youth outreach group who are supporting the Taos Bridge suicide prevention mitigation. ABC focuses on reducing access to means, and in New Mexico, the Taos Bridge has unfortunately been a common site for suicides. The NM Department of Transportation, Taos Sheriff's Department, and Help Outreach Taos (HOT) have been collaborating on this project.

Goal 4 — Conduct postvention and support people with suicide-centered lived experience.

ABC has engaged suicide-centered lived experience partners and suicide survivors at every step of development. Also, multiple suicide survivors have been engaged as ABC community instructors and lead trainers. One of our instructors recently wrote, “ABC is a lifeline; as a survivor of both loss and attempt, ABC helped turn my pain into purpose.” In addition, as a specific outreach to postvention survivors, ABC sponsored, and key ABC team members attended, the New Mexico Annual Survivors Gathering in September 2025.

Goal 5 — Integrate suicide prevention into the culture of the workplace and other community settings.

ABC has engaged partners at the Associated General Contractors of New Mexico (AGC), where several of their members have become ABC Instructors. ABC created focused training materials for construction and extraction workers (the two occupations with the highest rate of death by suicide) as well as for Veterans who are employed in many workplaces.

SFCC Continuing Education and Workforce Development has embedded ABC Partner Training classes into the curriculum for the Digital Literacy program, Energy Auditor program, and in our work with the NMDWS Pre-Apprenticeship Program. SFCC has also added the ABC class to the catalog of Workforce Training classes to encourage our workforce partners to train their employees. The class is free to all New Mexicans.

Goal 6 — Build and sustain suicide prevention infrastructure at the state, tribal, local, and territorial levels.

ABC classes have been taught in Pueblo Communities by Pueblo members, and all 33 NM counties were sent a complete Suicide Prevention Month Packet ready for rollout, including a sample resolution and marketing materials to use with their employees and community members. The NM Non-Metro Area Agency on Aging has a signed MOU to provide ABC suicide prevention outreach across communities throughout the state. Plans for FY 27 include reaching out to Spanish-speaking populations and the organizations that serve them.

Goal 7 — Implement research-informed suicide prevention communication activities in diverse populations using best practices from communication science.

Stakeholders from the construction and extraction industries and people with lived Veteran's experience supported the development of specialty versions of ABC curriculum for these diverse populations. In addition, ABC outlines Adverse Childhood Events (ACE) and overdose risk factors for suicide, and year three will explore implementing the Association of State and Territorial Health Officials (ASTHO), Centers for Disease Control and Prevention (CDC), and National Association of County and City Health Officials (NACCHO) SPACECAT — the Suicide, Overdose, and adverse Childhood Experiences Prevention Capacity Assessment Tool:

my.astho.org/spacecat/home.

Results

New Mexico experiences one of the highest suicide rates in the nation, with disproportionately high impacts among youth, American Indian communities, rural residents, LGBTQ youth, veterans, and men. The Action Plan: Suicide Prevention (LFC, 2020) identified significant gaps in coordinated prevention efforts, limited access to behavioral health services, workforce shortages, geographic barriers to care, and inconsistent implementation of evidence-based practices across communities. It also highlighted the need for a comprehensive, statewide prevention strategy that strengthens early identification, community engagement, and connection to care.

In 2024, through the New Mexico Government Results and Opportunity program, \$1.5 million was invested in expanding statewide suicide prevention efforts by developing a training program that would be scalable, data-driven, culturally relevant, and responsive to emerging risk factors affecting New Mexicans, including social media harms, online exploitation, isolation, and barriers to behavioral health services.

This report highlights the two-year effort of Santa Fe Community College (SFCC) in developing the ABC Suicide Prevention pilot program. Following the 2024 National Strategy for Suicide Prevention, ABC focused on a coordinated, community-based public health approach that expanded prevention efforts beyond clinical settings and equipped community members with the skills to recognize warning signs, engage in supportive conversations, and connect individuals to appropriate resources. Early results presented in the report showcase the impact of community-based training across New Mexico.

This report examines three key research questions:

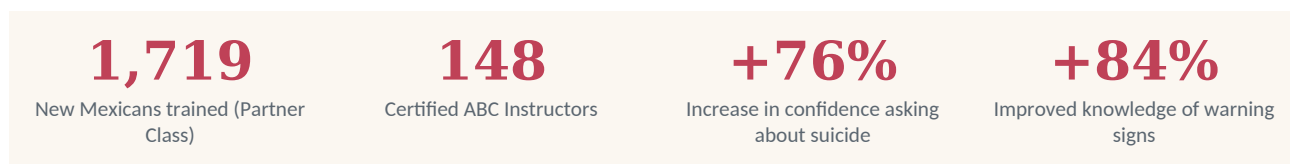
- To what extent does participation in the ABC Suicide Prevention Program increase participants' knowledge, confidence, and willingness to recognize suicide warning signs, engage in supportive conversations, and connect individuals to resources such as the 988 Suicide & Crisis Lifeline?
- How effectively does the program expand suicide prevention capacity across New Mexico by increasing the number of trained community members, instructors, and partnerships serving rural, tribal, frontier, veteran, senior, and other high-risk populations?
- To what extent does the program contribute to measurable behavioral and community-level outcomes, including reduced stigma around suicide, increased referrals to crisis and behavioral health services, earlier intervention for individuals at risk, and stronger community response systems that support long-term reductions in suicide-related crises and deaths?

The Impact of the ABC Program

Research Question 1

To what extent does participation in the ABC Suicide Prevention Program increase participants' knowledge, confidence, and willingness to recognize suicide warning signs, engage in supportive conversations, and connect individuals to resources such as the 988 Suicide & Crisis Lifeline?

1,719 New Mexicans participated in one-hour educational training, and 148 participated in five-hour training to become certified ABC Suicide Prevention trainers. Pre- and post-training surveys were completed. Initial results found a 76% increase in respondents reporting confidence in asking someone if they are thinking about suicide, and 84% reported improved knowledge of the warning signs of suicide. A revision of the survey questions is underway to specifically ask participants about their knowledge of connecting individuals to resources such as 988.



Outreach and Community Impact

Research Question 2

How effectively does the program expand suicide prevention capacity across New Mexico by increasing the number of trained community members, instructors, and partnerships serving rural, tribal, frontier, veteran, senior, and other high-risk populations?

A train-the-trainer model increases New Mexico's ability to reach rural, tribal, and unique communities that often remain marginalized and where suicide rates remain high (LFC, 2020). 148 trainers were certified in ABC Suicide Prevention curriculum delivery. The pre- and post-survey results among trainers included comments that guided improvements to the curriculum.

An MOU was signed with the New Mexico Non-Metro Area Agency on Aging to deploy four ABC classes in each of the 122 Senior Centers, resulting in 488 ABC classes to reach every rural hamlet, village, and county in New Mexico (ongoing through FY 27).

SFCC reached out to every New Mexico county to pass resolutions promoting Suicide Prevention Month in September 2026 and encouraging county staff and community members to take ABC training. So far, one third of counties have agreed to work with their commissioners to pass resolutions. This is an ongoing project.

New Mexicans have been trained in 31 of the 33 counties in the state.

Partnerships were created for training delivery to our most vulnerable populations: Veterans, Construction and Extraction industries, and Seniors. ABC program content was customized for each of these populations.

The Associated General Contractors (AGC) require their pre-apprenticeship students to complete ABC training as part of their curriculum. The first class was delivered in July 2026, and a second class will take place in October.

**488**

Planned ABC classes across 122 Senior Centers

31 / 33

NM counties reached with ABC training

33%

Counties engaged on Proclamation resolutions/more expected

Community Feedback

Research Question 3

To what extent does the program contribute to measurable behavioral and community-level outcomes, including reduced stigma around suicide, increased referrals to crisis and behavioral health services, earlier intervention for individuals at risk, and stronger community response systems that support long-term reductions in suicide-related crises and deaths?

In evaluating the impact of the ABC program, we asked students and instructors for feedback. Early results show us the following:

Instructors

Post-course, 100% of participants answered every knowledge-check question correctly, up from a pre-course range of 10%–30%. Self-rated understanding of suicide and suicide prevention shifted from a near-even split (40% Low / 40% Medium / 20% High) to 80% rating their understanding High. Confidence responding to someone exhibiting suicidal behavior rose from just 10% “very confident” before the course to 90% after completion of the course. All participants said they would recommend the training to others and believe it will help them assist someone who is in distress. Full survey results appear in Appendix 4.

Partner Class / Individuals

Across all three questions, the share of participants answering “Yes” rose sharply from pre- to post-class: from 28% to 88% on believing suicide is preventable, from 6% to 90% on recognizing warning signs, and from 10% to 86% on feeling comfortable asking someone directly about suicide. Responses of “No” and “Probably not” dropped to near zero after the class. 98% of participants said they would recommend the ABC Partner Class to others. Full survey results appear in Appendix 5.

A community response system is underway in Grant County. Members of the Sheriff’s Department and Emergency Medical Technicians have completed ABC training.

Through the NM Non-Metro Area Agency on Aging, more than 50 Senior Center Directors and staff have completed ABC training and will be hosting screencast (on-demand video) trainings in their centers throughout New Mexico.

Goal of the ABC Program

To deliver suicide prevention training to New Mexicans in all parts of the state.

Outcome Measurements

- Reporting the number of people trained and their communities
- Reducing the stigma of talking about suicide

Mission Statement

To inspire, empower, and mobilize all people to work towards a suicide- and stigma-free community.

Guiding Principles

- Talking about suicide saves lives.
- Suicide is preventable.
- Everyone can partner to prevent suicide.
- Everyone can learn the warning signs of suicide.
- The ABCs of suicide prevention — Ask. Be present. Connect. — are easy to learn.
- People learn affectively more than cognitively. Lived stories are inspiring.
- All ABC suicide prevention curricula are based in suicide prevention research and best practices from CDC, NIH, NIMH, SAMHSA, and academic research.

Recommendations for FY 27

- Report results of the ABC Program annually in a public report to DFA/LFC.
- Expand the instructor network.
- Train and deploy teams of instructors and volunteers in high-risk communities in New Mexico.
- Expand partnerships across all counties and additional industry sectors.
- Work with the ABC advisory committee to identify community leaders and organizations who can lead suicide prevention efforts in their diverse communities in New Mexico.
- Increase statewide outreach and media campaign for more training participation.
- Work with current industry partners, like Associated General Contractors, to increase outreach to high-risk populations.
- Deploy paid media to reach all parts of the state and explore media partners to spread the message.
- Continue to pursue SAMHSA or other similar evidence-based designation.
- Seek official recognition from state and national agencies.
- Study the ABC program through independent research.
- Offer ABC curriculum within statewide workforce training programs in partnership with the NMDWS Pre-Apprenticeship Opportunity Program.
- Incorporate ABC training into the SFCC Workforce Development catalog, adding additional distribution and employer partnership opportunities.
- Work with NM Regulation and Licensing to incorporate the ABC program into licensing renewals for industries such as construction trades, health care and wellness, and personal care services.
- Work with industry sectors to create Continuing Education Units (CEUs) for professional skills, such as for physical therapists or social workers.

NM GRO Legislative Appropriation Budget Deployment

\$1.5 Million Appropriation for Suicide Prevention

FY 25 – FY 27 Overview

Santa Fe Community College (SFCC) is deploying the appropriation across four strategic categories:

1. Program Development, Evaluation, and LMS Infrastructure

Includes curriculum development, program evaluation, instructional design, content updates, LMS licensing, system configuration, automation tools, learner support resources, and reporting capabilities.

2. Program Distribution and Delivery

Includes instruction, travel, partnership development, learner access, course hosting, enrollment, digital credentialing, reporting, and statewide training delivery.

3. Program Outreach and Marketing

Includes participant recruitment, employer engagement, statewide awareness campaigns, and targeted outreach.

4. Program Management and Quality Assurance

Includes project oversight, stakeholder coordination, fiscal and procurement management, data reporting, quality assurance, and continuous improvement.

Expenditures

\$1,000,000

FY 25–FY 26 actual expenditures to date

\$500,000

Anticipated FY 27 projected expenditures

\$1,500,000

Total investment

Training Completions and Cost Efficiency

As of FY 25–FY 26, the program trained 1,719 individuals and 148 instructors.

Period	Investment	Completions	Cost per Completion
FY 25–FY 26 Development Costs	\$1,000,000	1,719 individuals and 148 instructors	\$535
FY 27 Projected	\$500,000	2,000 individuals and instructors	\$250

*FY 27 projections assume automation-enabled growth in participation.

Year	Cost per Completion	Primary Driver
FY 25–FY 26 Actual	\$535	Initial development and implementation
FY 27 Projected	\$250	Automated delivery and increased enrollment

Year	Cost per Completion	Primary Driver
FY 28 Projected*	\$150–\$175	Expanded statewide adoption
FY 29 Projected*	Under \$100	Full-scale automated LMS deployment

*FY 28 and FY 29 projections are based on securing additional funding.

Key Value Proposition

- ABC curriculum is an asset available beyond the three-year funding period.
- Expands access to training across New Mexico.
- Reduces per-participant delivery costs over time.
- Increases training capacity without proportional staffing increases.
- Provides automated enrollment, tracking, reporting, and credentialing.
- Supports long-term sustainability and workforce training goals.

Conclusion

Based on SFCC’s findings over the past two years, a program like ABC Suicide Prevention — developed for New Mexico’s unique needs and guided by research — can increase suicide awareness, reduce stigma, and give people practical tools to Ask, Be present, and Connect. Education and training can make a positive impact.

ABC is an asset that can be continuously deployed in New Mexico. The cost of training per individual is projected to decline in future years as the number of people completing the training increases. The ABC program is also being embedded into workforce training programs, particularly in high-risk industries, which will allow additional evaluation to take place.

ABC is designed to be nimble, as was proven in 2026, to respond to the latest data and research on suicide prevention and can be updated quickly in response to science. The inclusion of social media and scamming threats in the training was a result of academic research, listening to subject matter experts, community partners, and people with lived experiences, including youth. Identifying social media as a risk factor in suicide prevention sets the ABC program apart from other training programs.

Curriculum Director

Dr. Marvel E. Harrison, MS, Ph.D.

Dr. Marvel E. Harrison, MS, Ph.D., is the curriculum director for ABC Suicide Prevention, a community-centered suicide prevention initiative designed to equip individuals, organizations, and communities with practical skills for recognizing, responding to, and supporting people experiencing emotional distress or suicide risk. Through her leadership of the program’s curriculum, she has helped translate suicide prevention principles into accessible, skills-based learning for community audiences across New Mexico.

Dr. Harrison has worked nationally and locally in suicide prevention for years, but her lived experience — with her husband, taking their children in Northern New Mexico to yet another funeral for a student who died by suicide — drove her commitment to suicide prevention to a new level.

Dr. Harrison holds a BS in Education, an MS in Human Nutrition, and a Ph.D. in Counseling Psychology from the University of Massachusetts. She is a licensed mental health professional with extensive public health experience, has developed trauma-informed care programs, and has co-authored several popular psychology books. An engaging and accomplished speaker, she has presented to parents, educators, and communities throughout New Mexico and around the world.

Contacts for ABC Suicide Prevention Program and Santa Fe Community College

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Resources for Development of the ABC Suicide Prevention Program

National and Institutional Sources

All sources below support best practices and evidence-based development.

U.S. Department of Health and Human Services. (n.d.). 2024 National Strategy for Suicide Prevention.

<https://www.hhs.gov/programs/prevention-and-wellness/mental-health-substance-use-disorder/national-strategy-suicide-prevention/index.html>

American Foundation for Suicide Prevention. (n.d.). Risk factors, protective factors, and warning signs.

<https://afsp.org/risk-factors-protective-factors-and-warning-signs>

National Action Alliance for Suicide Prevention. (n.d.). Recommended standard care for people with suicide risk: Making health care suicide safe.

https://theactionalliance.org/sites/default/files/action_alliance_recommended_standard_care_final.pdf

World Health Organization. (n.d.). Suicide. <https://www.who.int/health-topics/suicide>

Centers for Disease Control and Prevention (CDC). <https://www.cdc.gov/suicide/prevention/index.html>

Substance Abuse and Mental Health Services Administration (SAMHSA).

<https://www.samhsa.gov/resource/dbhis/suicide-prevention-toolkit>

National Institute of Mental Health (NIMH). <https://www.nimh.nih.gov/health/topics/suicide-prevention>

New Mexico Department of Health (NMDOH). <https://www.nmhealth.org/publication/view/general/7106/>

New Mexico Indian Affairs Department (NMIAD). <https://www.iad.nm.gov/programs-and-funding/suicide-prevention/>

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Miscellaneous Resources

- Freakonomics Radio — On Scamming. <https://podcasts.apple.com/us/podcast/freakonomics-radio/id354668519?i=1000754955145>
- Alliant — Every 12 Minutes: The Urgency of Suicide Prevention in Construction.
<https://alliant.com/news-resources/podcast-every-12-minutes-the-urgency-of-suicide-prevention-in-construction/>



CPWR — Research to Practice (R2P) Podcast Library. <https://www.cpwr.com/research/research-to-practice-r2p/r2p-library/resources-for-stakeholders-and-researchers/podcast/>

MH Stats — Suicide Statistics by Profession. <https://mhstats.org/blog/suicide-statistics-by-profession/>

APPENDICES

Supporting Materials

The following twelve items are attached in numerical order, as prepared and submitted, and support the ABC Suicide Prevention Program report to the New Mexico Legislative Finance Committee.

- 01 ABC Suicide Prevention Logic Model** — The program's logic model — priorities, inputs, outputs, and outcomes.
 - 02 Partner Class QR Code Flyer** — Promotional flyer for the free, self-guided ABC Partner Class.
 - 03 ABC Progress Report** — Issued quarterly to SFCC leadership, annually to DFA and LFC.
 - 04 Instructor Course Pre- and Post-Survey Report** — Knowledge, confidence, and satisfaction results from the 5-hour Instructor Course.
 - 05 Partner Class Pre- and Post-Survey Report** — Knowledge and confidence results from the 1-hour Partner Class.
 - 06 ABC Testimonials** — Selected quotes from participants, instructors, and community partners.
 - 07 Quay County Proclamation** — County proclamation recognizing suicide prevention efforts.
 - 08 Grant County Proclamation** — County proclamation recognizing suicide prevention efforts.
 - 09 NMAAA Memorandum of Understanding** — MOU with the NM Non-Metro Area Agency on Aging.
 - 10 NMAAA Frequently Asked Questions** — FAQ supporting the NMAAA partnership and senior center rollout.
 - 11 ABC Partner List** — Organizations partnering with ABC Suicide Prevention, 2025–2026.
 - 12 Regional, State-wide and National Conferences** — Conferences where the ABC program has been presented or represented.
-

APPENDIX

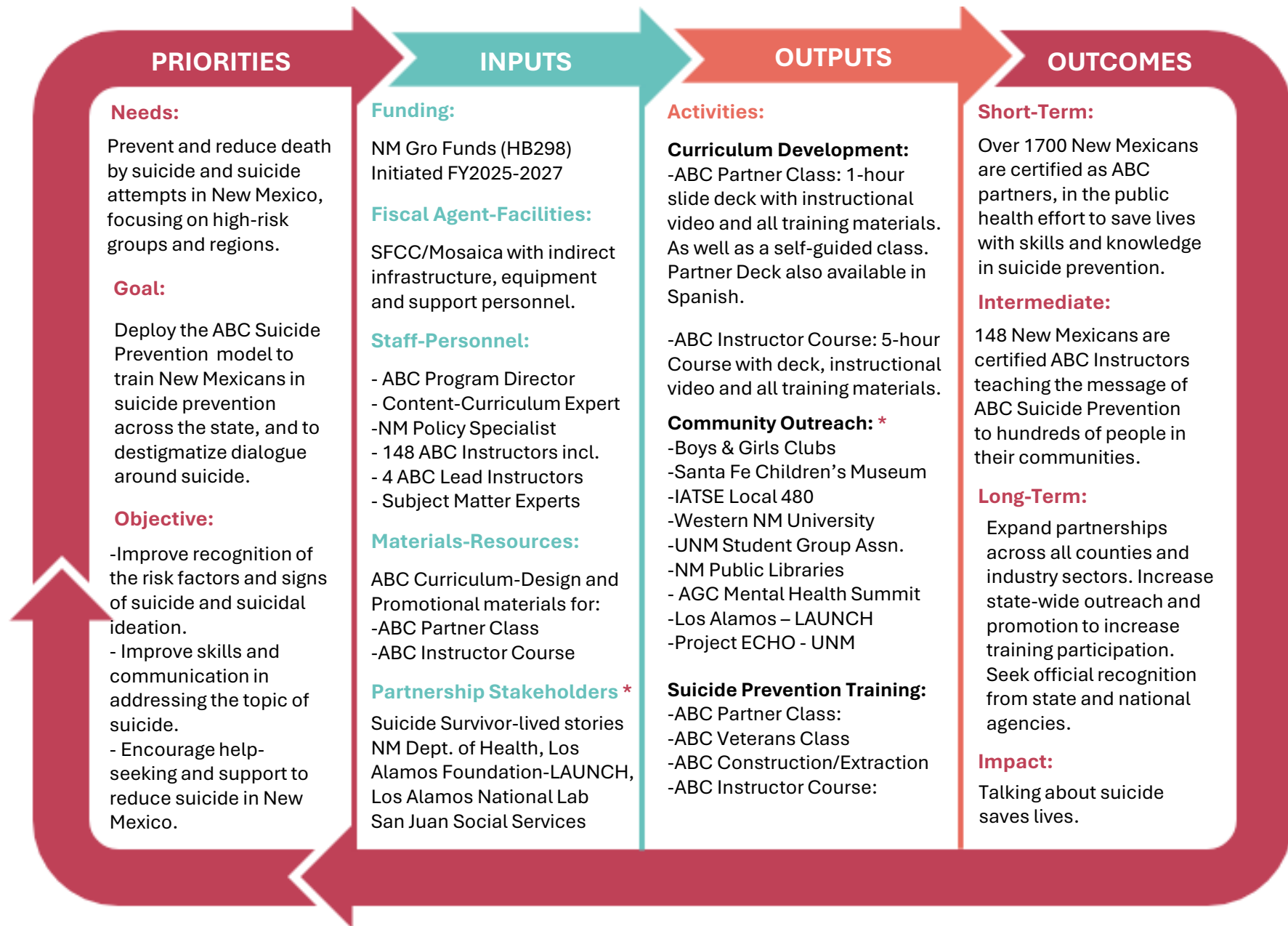
1

ABC Suicide Prevention Logic Model

Priorities • Inputs • Outputs • Outcomes



ABC Suicide Prevention Logic Model



* Partial listing: Additional information available on the ABC Progress Status Report.

9.2026

APPENDIX

2

Partner Class QR Code Flyer

Free, self-guided training — Ask, Be Present, Connect





Free Training - Partner Class

Ask, Be Present, Connect - ABC Suicide Prevention Partner Class is a **free, 60-minute class** that addresses how to prevent suicide. During the class you will learn about the common causes of suicidal behavior, the warning signs of suicide, and how to get help for a person in crisis.

The ABC Partner class is evidence-based and was designed following best practice protocol. After completing the class, you will earn a one-year certificate as an **ABC Suicide Prevention Partner**.

** Participation in this online class is confidential. Your registration and participation during the session will not be disclosed outside the program.*

Take the Self-Guided Class – Online and Free!



For more info contact: www.abcsuicidepreventionnm.org

Talking About Suicide – Saves Lives

APPENDIX

3

ABC Progress Report

Issued Quarterly to SFCC Leadership, Annually to DFA and LFC



New Mexico Suicide Prevention Initiative

- Progress Status Report -



WHO WE ARE:

Santa Fe Community College is excited to partner with statewide organizations and communities to offer **ABC Suicide Prevention Training - Ask, Be Present, Connect**. During the initial roll out of the program, NMSPI identified the need for an effective, consistent and easily deployable suicide prevention training program in many communities throughout the state. **The ABC Suicide Prevention Training Program was created to fill this urgent need and very simply, to save lives.**

This 60-minute, evidence-based training provides individuals from all walks of life with the skills to recognize and respond to signs of suicide. There is also an ABC Instructor Course for any New Mexico resident who wants to teach the one hour ABC Partner Class in their community. **All ABC classes are free to New Mexico residents**, and will bring about significant and impactful change across the state.

OUR GOALS:

- Improve New Mexico residents' ability to recognize warning signs of suicide, engage in supportive conversations, and connect individuals to appropriate resources.
- Build a statewide network of trained community members who can recognize and facilitate early intervention efforts.
- Foster a culture in which mental health concerns and suicide risk can be discussed openly and individuals feel comfortable seeking support.

PROGRAM MILESTONES: GROWING CONNECTIONS

Collaboration with Industry Partners Across New Mexico as ABC Trainers

- Associated General Contractors of New Mexico
- New Mexico Department of Veteran Services
- New Mexico State and Public Library System
- Santa Fe Mountain Center
- San Juan County Adult Detention Center
- San Juan Social Services
- Center for Health Innovation-Public Health Institute
- Western New Mexico University
- CNM-Central New Mexico Community College
- Santa Fe Public Schools

Certified 140+ New Trainers across the State – 18 in New Mexico's Highest Risk Counties

- Catron County
- Grant County
- Lea County
- Los Alamos County
- Rio Arriba County
- San Juan County
- San Miguel County
- Taos County

Implemented Strategic Suicide Prevention Partnerships & Training

- New Mexico Department of Health
- NM HCA Behavioral Health Collaborative
- Sister Sky Native American Suicide Prevention
- Los Alamos Community Foundation - LAUNCH
- IATSE Local 480
- Roosevelt General Hospital - Portales
- Aldo Leopold Charter School
- Grant County Sheriff Department
- Boys & Girls Club - Santa Fe / Pojoaque
- Western New Mexico University
- Central New Mexico University
- City of Santa Fe - Teen Center
- Santa Fe Community College
- UNM Student Association & Staff
- Dream Tree Project - Taos
- Los Alamos County Human Resources

PROGRAM MILESTONES: SUICIDE PREVENTION TRAINING

- Developed the 1-hour ABC Suicide Prevention Partner Class (in-person and live-virtual).
- Designed and authored the 1-hour ABC Suicide Prevention Partner Class (self-guided - eLearning).
- Developed the 5-hour ABC Suicide Prevention Instructor Course (in-person and live-virtual).
- Created ABC Suicide Prevention Communication and Brand Marketing materials.
- Developed training modules for at-risk communities (veterans, aging) and professions (extraction, legal).
- Bilingual ABC Training modules created in English and Spanish.
- Built an ABC Training Request Portal and Website.
- Created a Certified Trainers' Facebook Group.
- **Taught and Certified over 1700+ New Mexicans in Suicide Prevention.**

CONTINUED MOMENTUM INTO THE NEW YEAR – FY2026:

Cultivating New Partnerships and Trainings Across New Mexico

- Department of Veteran Services
- Albuquerque Public Schools
- Taos/Questa School
- Las Vegas Community Foundation
- First Born and More
- New Mexico State Library
- US Department of Veteran Services
- Nurstead Mental Health & Counseling
- North Central Regional Transit District
- New Mexico Rural Agency on Aging
- National Park Service-Los Alamos
- New Mexico Public Education Department
- Northern New Mexico Acequia Associations
- Con Alma Health Foundation
- Project ECHO - UNM
- Santa Fe Chamber of Commerce
- Children, Youth & Families Department of New Mexico
- Los Alamos National Laboratory (LANL)
- Santa Clara Pueblo Behavioral Health
- Eddy County - Human Resources
- Grant County - EMS / Emergency Medical Services

Growing Capacity: ABC Suicide Prevention Website and LMS

- Launch of the ABC Suicide Prevention Website: Adaptive, scalable, secure.
- Online instructor portal to facilitate delivery of curriculum, communication and collaboration.
- Integrated LMS to track registrations, disseminate curriculum, enhance learner engagement.
- Development of a white label model for national partnerships.



APPENDIX

4

Instructor Course Pre- and Post-Survey Report

Knowledge, Confidence, and Satisfaction Results • 5-Hour Instructor Course



ABC Instructor Course

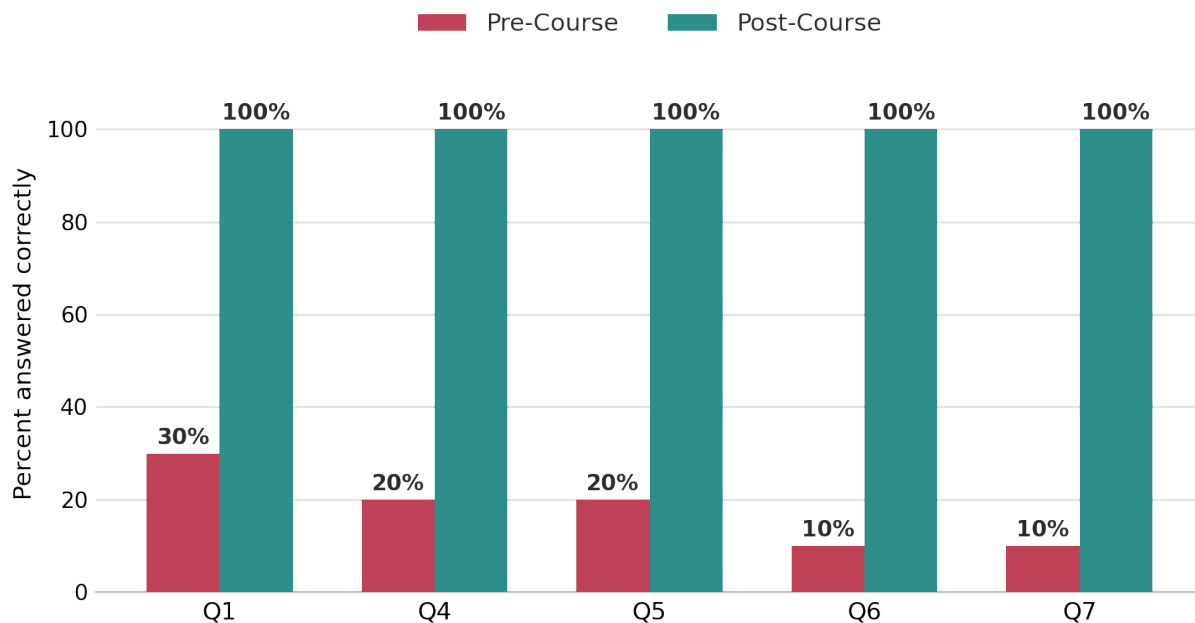
Ask • Be Present • Connect — Pre- and Post-Course Survey Results

Participants in the 5-hour ABC (Ask, Be Present, Connect) suicide prevention Instructor Course complete a seven-question survey before and after the training. Five questions test knowledge with a single correct answer; two questions ask participants to rate their own understanding of and confidence in suicide prevention. Results below compare pre-course to post-course responses and show substantial gains across every measure. Four additional questions were asked only after the course, evaluating the training itself.

Knowledge-Check Questions

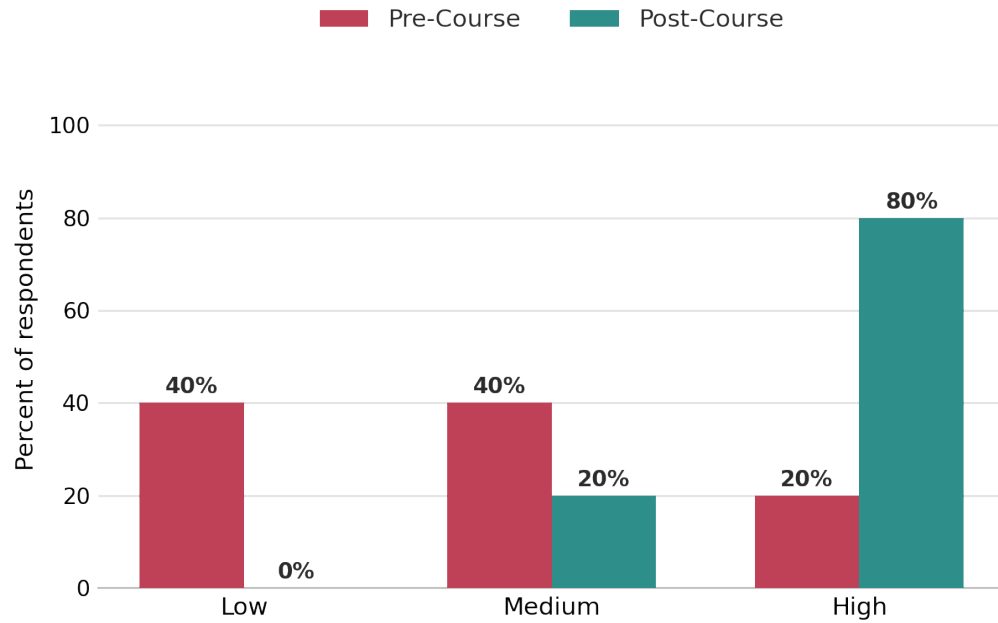
Questions 1, 4, 5, 6, and 7 each had one correct answer. The table and chart below show the percentage of participants who answered correctly, before and after the course.

#	Question	Pre-Course	Post-Course
1	What is the most common reason people give for attempting suicide?	30%	100%
4	How many people die by suicide in the US each year?	20%	100%
5	Can separating a person from their means of suicide make a difference in stopping suicide?	20%	100%
6	What statement is accurate about the number of men versus women who die by suicide in the US?	10%	100%
7	What is the key action in the “B” of ABC?	10%	100%



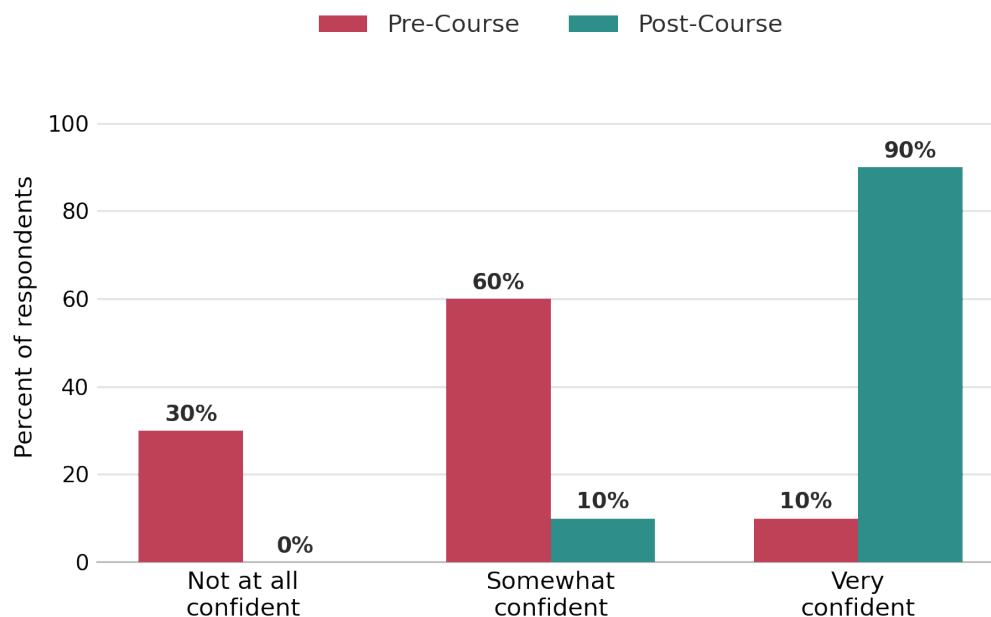
Question 2: How would you rate your understanding of suicide and suicide prevention?

Response	Pre-Course	Post-Course
Low	40%	0%
Medium	40%	20%
High	20%	80%



Question 3: How confident are you responding to someone exhibiting suicidal behavior?

Response	Pre-Course	Post-Course
Not at all confident	30%	0%
Somewhat confident	60%	10%
Very confident	10%	90%

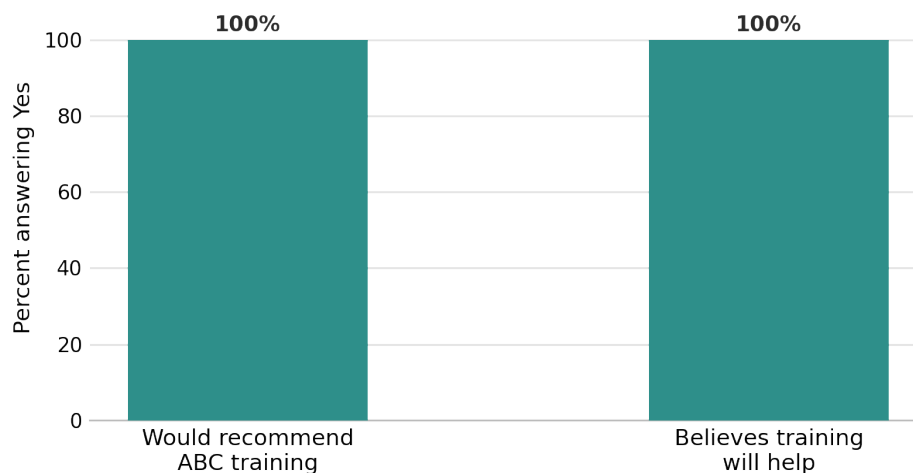


Program Evaluation (Post-Course Only)

After completing the course, participants answered four additional questions evaluating the training itself.

Would participants recommend the training, and do they believe it will help?

Post-Course Question	Yes
Would you recommend ABC suicide prevention training to others?	100%
Do you believe this training will help in assisting someone who is suicidal?	100%



What did you like about the ABC Instructor Course?

Participants described the course as engaging, practical, impactful, comprehensive, informative, and valuable, with content that was easy to track and delivered by great instructors.

What, if anything, did you not like about the ABC Instructor Course?

Response	Percent
No comment	85%
Left a comment	15%

Feedback from the 15% who left a comment:

- Less focus on the history of suicide
- Fewer slides on suicide statistics (the content became a bit heavy)
- Consider having participants take the ABC Partner Class before this course
- More attention on how to teach the Partner Class

Summary

Post-course, 100% of participants answered every knowledge-check question correctly, up from a pre-course range of 10%–30%. Self-rated understanding of suicide and suicide prevention shifted from a near-even split (40% Low / 40% Medium / 20% High) to 80% rating their understanding High. Confidence responding to someone exhibiting suicidal behavior rose from just 10% “very confident” before the course to 90% after. All participants said they would recommend the training to others and believe it will help them assist someone who is in distress.

APPENDIX

5

Partner Class Pre- and Post-Survey Report

Knowledge and Confidence Results • 1-Hour Partner Class



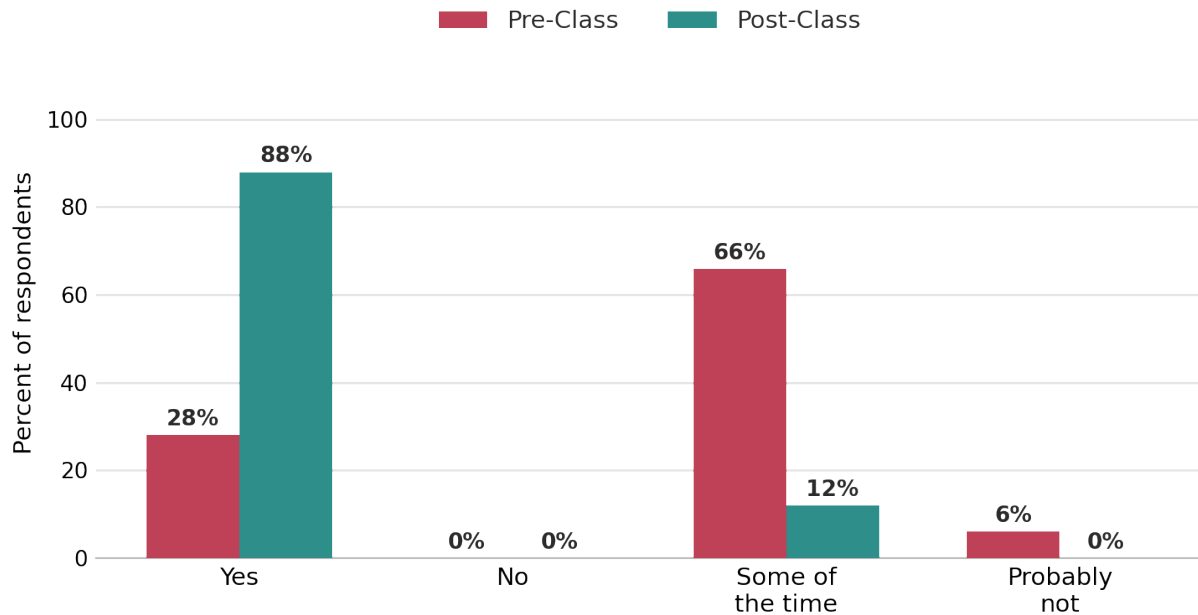
ABC Partner Class

Ask • Be Present • Connect — Pre- and Post-Class Survey Results

Participants in the 1-hour ABC (Ask, Be Present, Connect) suicide prevention Partner Class complete a brief three-question survey before and after the training. Each question offers four response options: Yes, No, Some of the time, and Probably not. The results below compare participant responses immediately before the class to those immediately after and show marked gains in confidence and knowledge on all three measures. A fourth, post-class-only question asked whether participants would recommend the class to others.

Question 1: Do you think that suicide is preventable?

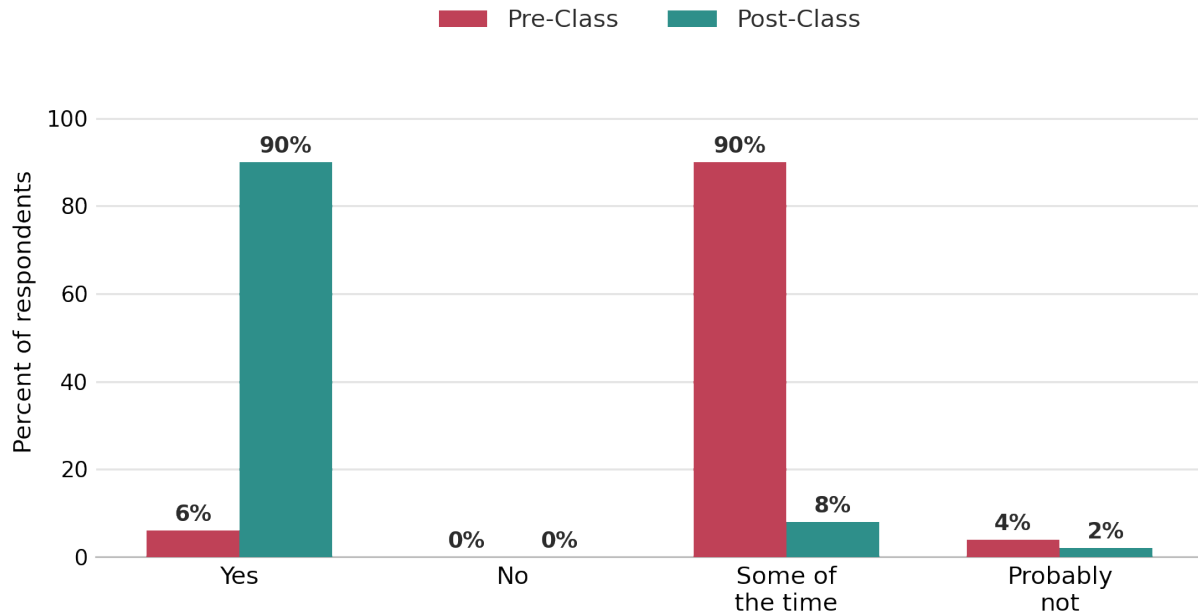
Response	Pre-Class	Post-Class
Yes	28%	88%
No	0%	0%
Some of the time	66%	12%
Probably not	6%	0%



Question 2: Are you able to recognize signs of someone struggling with suicidal thoughts?

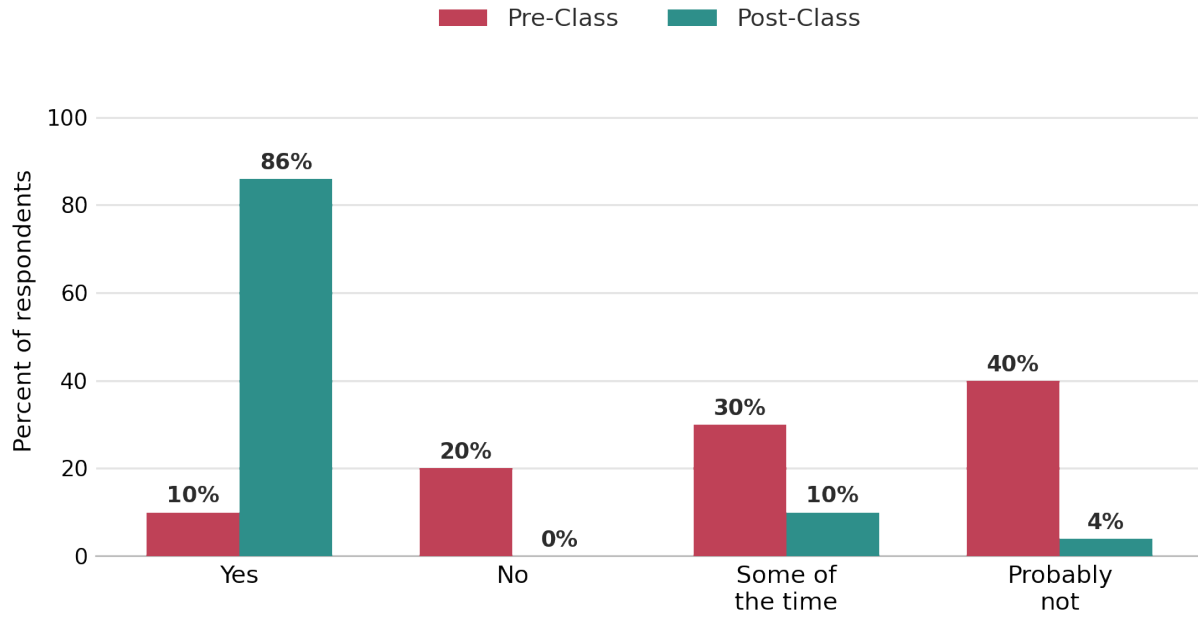
Response	Pre-Class	Post-Class
Yes	6%	90%
No	0%	0%
Some of the time	90%	8%

Response	Pre-Class	Post-Class
Probably not	4%	2%



Question 3: If you were aware that someone was thinking about killing themselves, would you feel comfortable asking them directly if they are thinking about suicide?

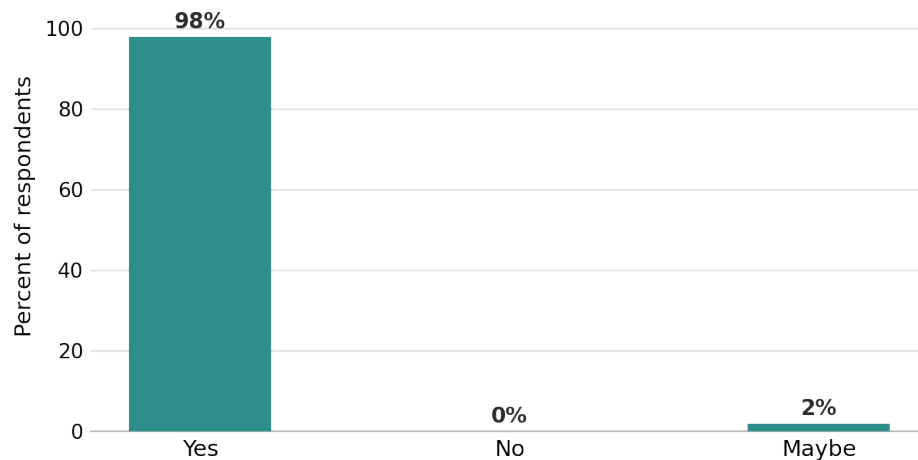
Response	Pre-Class	Post-Class
Yes	10%	86%
No	20%	0%
Some of the time	30%	10%
Probably not	40%	4%



Would you recommend the ABC Partner Class to others?

Asked only on the post-class survey.

Response	Post-Class
Yes	98%
No	0%
Maybe	2%





Summary

Across all three questions, the share of participants answering “Yes” rose sharply from pre- to post-class: from 28% to 88% on believing suicide is preventable, from 6% to 90% on recognizing warning signs, and from 10% to 86% on feeling comfortable asking someone directly about suicide. Responses of “No” and “Probably not” dropped to near zero after the class. 98% of participants said they would recommend the ABC Partner Class to others.

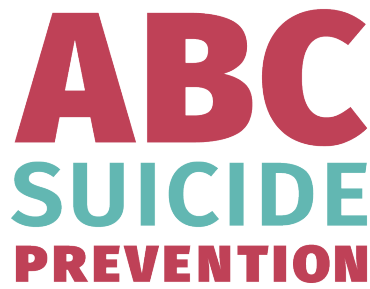
APPENDIX

6

ABC Testimonials

Selected quotes from participants, instructors, and community partners





ABC Suicide Prevention Training Program

Participant & Partner Testimonials

Selected quotes from ABC Partner Class participants, instructors, and community partners

The testimonials below reflect participant and partner perspectives on the ABC Suicide Prevention training program. They highlight the program's practical, compassionate approach; its emphasis on human connection; and the confidence it gives participants to recognize distress, talk about suicide, listen, and connect people to help.

"When I started with Navi and they were looking to collaborate and hire Taos teens I immediately insisted that they implement a mental health education aspect into the process."

"It was and still is my opinion that we could not responsibly and with a clear conscience introduce teens to the concept of mental health related challenges for them and the demographic they were co-developing for without giving them a vocabulary, support and education surrounding these topics. This is why I reached out to Claire Miller to teach the ABC curriculum to the teen group we hired."

"I am not an ABC educator. I teach MHFA and QPR. In this situation I felt that ABC was more suited for this group of teens. It was confirmed by the teens that this was a necessary and very helpful tool for them to utilize during the co-development process. It helped them recognize language, develop skills to understand and when someone may be in a challenging situation or crisis. This was necessary for them to create language and develop appropriate scenarios to use in the app to assist other teens."

— Stephanie R. Waters

Director, Help Outreach Taos (HOT); suicide prevention, awareness and mental health education nonprofit and community advocate

Ms. Waters is also the Implementation Director for Navi, a free teen wellness app co-developed by Taos teens for New Mexico teens.

“The opportunity to talk with people from all walks of life about suicide prevention is a gift, to me and to them. The class information is presented simply and compassionately. Let's make this difficult conversation ok to have with everyone.”

— C.B., Counselor, New Mexico

“The ABC class is helping us create a more caring, connected community. In the class we are learning how to notice when people are struggling, to have brave conversations around mental health, to stay present for people's stories, and to connect them to help when needed. I'm grateful for these practical tools and to be part of a network of community members who have pledged to be suicide prevention partners. I encourage everyone to sign up for an ABC class.”

— K.C., NM Community Organizer

“ABCs is practical, easy to remember, and compelling. Learning the ABCs will be a game changer for public health and mitigating the death by suicide rate. Everyone can learn the ABCs.”

“I liked the practical self-care strategies to support well-being, after all, that is essential for all of us. I enjoyed the section that reminded me that there is a great amount of stigma around the words, it was good to practice the "Say This, Not That". Very practical. I understand that the words I choose can deeply affect someone. I liked the flip cards, it was an active way to keep engaged in an on-line forum. I enjoyed practicing how to ask if someone is thinking about suicide.”

— B.H., Former Director, County Public Health

“The ABC Partner Class provides a compassionate, practical framework for talking about suicide while emphasizing the power of human connection. As an instructor, I've seen how it creates meaningful engagement, offers digestible tools for real conversations, and ultimately leaves participants with a genuine sense of hope.”

— A.B., New Mexico Suicide Prevention Instructor

“Simple, direct, completely transformative. There is no one who should not take the ABC class.”

— T.C., Pediatrician

“ABC gave me the confidence to talk about suicide, something I never learned in my graduate training.”

— S.K., Social Worker

“The ABC program is smart, easy, and effective. It is a powerful tool for medical assistants who daily need

to access and determine if a patient is at risk of suicide and how to help them.”

— T.C., Assistant Professor, Medical Assisting

“As a former school teacher, I could have used the ABCs long ago. Every teacher and person working in schools needs this skill.”

— K.C., Former School Teacher

“In our world with so much information that is hard to understand and internalize, ABC suicide prevention stands out as an exception. It is easy to learn and the relaxed non professional language and concepts were easy to understand. I highly recommend attending one of these classes. It could mean saving a life.”

— K.A., Educator, New Mexico

“I highly recommend the ABC Partner Class to all coaches. The class helped me to think about who may be struggling with suicidal thoughts and how to help them. There can be a fear of talking about suicide. I loved the way this course shows us, as everyday people, how to reach out to people and give them the support they need at their lowest points. At the end of the class I know what to ask, how to listen and how to connect people to help. This course takes away the doubt that I don't know what to say or I don't know how to help. Thanks for shining the light on a very important topic in our communities.”

— L.H., Basketball Coach

“I found the 988: What to Expect section incredibly helpful. Now, if I ever need to use this resource, I'll know what to expect before finding myself in a high-stakes situation.”

— Sophie Levy, Founder & CEO, The Magnet Collective

“ABC is powerful. Life as an athlete is stressful with highs, lows, losses, wins, travel, injuries, celebrations and disappointments. Our sport is our identity but what happens after we leave the rink, field, track, or pitch? As athletes we can all use ABC to be there for one another.”

— M.S., Player, Professional Woman's Hockey League

“I am so glad to have experienced the ABC Partner Class. I love the simplicity of the design with only the most important things on it. I especially liked the short animation videos. ABC is very captivating and helpful.”

— D.F., Theatre Marketing Director

“Because suicide has touched my life personally, it means a great deal to me to help others feel more prepared and confident when someone is struggling with a mental health crisis. The ABCs are easy to learn, remember, and use. The materials are well designed and participants walk away with practical, actionable tools they can use to support people in need.”

— **A.B., ABC Instructor, Los Alamos National Laboratory, New Mexico**

“ABC’s is a lifeline, as a survivor of both loss and attempt the ABCs helped turn my pain into purpose.”

— **R.S., Suicide Survivor, NM**

ABC Suicide Prevention • Ask • Be Present • Connect

Free suicide prevention training & certificate

abcsuicidepreventionnm.org

APPENDIX

7

Quay County Proclamation





Quay County Government

300 South Third Street, Tucumcari, NM 88401

Post Office Box 1246

Phone: (575)461-2112 Fax: (575) 461-6208

Resolution No. 9 Declaring September as Suicide Prevention Awareness Month and Encouraging Community Participation in the State of New Mexico's Free ABC Suicide Intervention Training Program

WHEREAS,

Suicide is a preventable public health issue that affects individuals, families, workplaces, schools, and communities throughout New Mexico and the United States; and

WHEREAS,

The New Mexico Department of Health reports that New Mexico has the 5th highest suicide rate in the United States, and New Mexico has the second-highest adolescent suicide rate in the nation, approximately 62% higher than the national average; and

WHEREAS,

Increasing suicide prevention knowledge among community members, employers, educators, first responders, healthcare professionals, faith communities, and civic organizations strengthen New Mexico's ability to recognize warning signs early and connect individuals with lifesaving support; and

WHEREAS,

Suicide impacts people of every age, race, ethnicity, profession, military status, and socioeconomic background, and early recognition, intervention, and community education are proven strategies for reducing suicide risk; and

WHEREAS,

Evidence demonstrates that educating community members to recognize warning signs, engage in supportive conversation, and connect individuals with appropriate resources can save lives; and

WHEREAS,

The State of New Mexico has made suicide prevention a statewide priority by investing in prevention, intervention, and recovery initiatives, including the 988 Suicide & Crisis Lifeline and evidence-informed community education programs administered through public and higher education partnerships; and

WHEREAS,

The ABC Suicide Intervention Program is a free, evidence-informed suicide intervention training available to every New Mexico resident through online, in-person, and on-demand learning opportunities, equipping participants with practical skills to:

- **Recognize warning signs;**
- **Begin supportive conversations;**
- **Connect individuals with appropriate resources; and**
- **Respond confidently until professional help is available;**

And

WHEREAS,

Expanding access to suicide prevention education strengthens community resilience, reduces stigma surrounding mental health, and helps create a culture in which asking for help and offering help are viewed as acts of strength; and

WHEREAS,

The Quay County Commissioner recognizes that suicide prevention is everyone's responsibility and that local governments play an important leadership role by increasing public awareness, promoting education, and encouraging residents to utilize available community resources.

NOW, THEREFORE, TO BE RESOLVED THAT THE GOVERNING BODY OF QUAY COUNTY

Section 1.

Proclaims the month of September as Suicide Prevention Awareness Month within the County of Quay.

Section 2.

Recognizes the importance of evidence-informed suicide prevention education and encourages all residents, businesses, schools, faith communities, nonprofit organizations, healthcare providers, first responders, employers, veteran organizations, and civic groups to participate in suicide prevention awareness activities throughout September and throughout the year.

Section 3

Supports statewide efforts to increase access to the ABC Suicide Intervention Program, a free evidence-informed suicide intervention training available to all New Mexico residents, and encourages community members to participate in:

- **Online live training;**
- **In-person community training; and**
- **On-demand self-paced instruction.**

Section 4

Directs Staff, to the extent practical and consistent with available resources, to promote Suicide Prevention Awareness Month and the availability of the ABC Suicide Intervention Program through existing communication channels, including the municipality's website, social media platforms, newsletters, community calendars, employee communications, public facilities, libraries, recreation and senior centers, and other appropriate public outreach efforts.

Section 5

Encourages local employers, educational institutions, healthcare organizations, public safety agencies, libraries, senior centers, youth organizations, and community partners to collaborate in expanding awareness of suicide prevention resources and increasing participation in the ABC Suicide Intervention Program.

Section 6

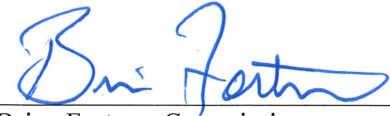
Recognizes that together, through education, compassion, and community engagement, lives can be saved and hope can be strengthened throughout New Mexico.

DONE at Tucumcari, County of Quay, New Mexico this 24th of August 2026.

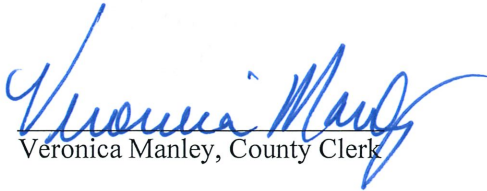


Jerri Rush, Commissioner

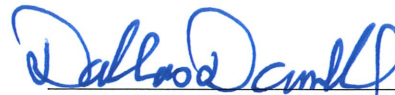
ATTEST:



Brian Fortner, Commissioner



Veronica Manley, County Clerk



Dallas Dowell, Commissioner

DATA SOURCES

1. **New Mexico Department of Health — Violence Prevention Program Unit**
Suicide-related data, facts, prevention strategies, and statewide resources.
<https://www.nmhealth.org/about/erd/ibeb/oivp/spp/>
2. **New Mexico Department of Health — Suicide Is Preventable: New Mexico Facts and Resources**
New Mexico suicide statistics and recommended prevention strategies.
<https://www.nmhealth.org/publication/view/general/6535/>
3. **New Mexico Department of Health — Suicide Prevention Resource Guide**
State and national resources related to suicide prevention, intervention, crisis response, and data surveillance.
<https://www.nmhealth.org/publication/view/general/7106/>
4. **New Mexico Department of Health — New Mexico Violent Death Reporting System**
Statewide surveillance data compiled from death certificates, medical examiner reports, and law-enforcement reports.
<https://www.nmhealth.org/about/erd/ibeb/ipp/>
5. **Santa Fe Community College — New Mexico Suicide Prevention Initiative and ABC Suicide Intervention Training**
Information regarding the state-funded initiative and free ABC Suicide Intervention training available across New Mexico.
<https://www.sfcc.edu/abc-suicide-prevention/>
6. **Santa Fe Community College — About ABC Suicide Intervention**
Description of the ABC training model: Ask the question, Be present, and Connect to appropriate services.
<https://www.sfcc.edu/abc-suicide-prevention/about/>
7. **988 Suicide & Crisis Lifeline — National Suicide Prevention Month**
National information and awareness resources for Suicide Prevention Month.
<https://988lifeline.org/promote-national-suicide-prevention-month/>
8. **988 Suicide & Crisis Lifeline**
Information regarding free, confidential crisis support available by calling or texting 988.
<https://988lifeline.org/>

APPENDIX

8

Grant County Proclamation





A PROCLAMATION DECLARING SEPTEMBER AS
Suicide Prevention Awareness
MONTH

WHEREAS, suicide is a preventable public health issue affecting individuals, families, workplaces, schools, and communities across New Mexico; and

WHEREAS, New Mexico continues to experience some of the highest suicide rates in the nation, underscoring the need for community awareness, education, and early intervention; and

WHEREAS, increasing understanding of suicide warning signs and connecting individuals to help strengthen community resilience and promote a culture in which seeking and offering help are viewed as acts of strength; and

WHEREAS, free suicide-prevention training opportunities, including the ABC Suicide Intervention Program, are available to all New Mexicans through online, in-person, and on-demand formats and provide practical skills to recognize warning signs, begin supportive conversations, and connect individuals with appropriate resources;

NOW, THEREFORE, BE IT RESOLVED by the Grant County Board of Commissioners, Grant County, New Mexico:

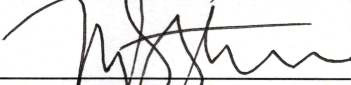
- Section 1. The Board hereby proclaims the month of September as Suicide Prevention Awareness Month in Grant County.
- Section 2. The Board encourages residents, businesses, schools, faith communities, healthcare providers, first responders, and civic organizations to participate in suicide-prevention education, including the [ABC Suicide Intervention Program](#) and other available resources.
- Section 3. The Board recognizes that through education, compassion, and community engagement, lives can be saved and hope strengthened throughout Grant County and New Mexico.

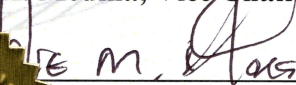
PASSED, APPROVED, AND ADOPTED this 27th day of August, 2026, by the Grant County Board of Commissioners, Grant County, New Mexico.

BOARD OF GRANT COUNTY COMMISSIONERS
GRANT COUNTY, NEW MEXICO

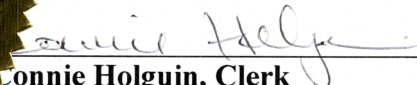

Chris M. Ponce, Chair


Eloy H. Medina, Vice Chair


Nancy Stephens, Member


Flores, Member
test:


Thomas L. Shelley, Member


Connie Holguin, Clerk



APPENDIX

9

NMAAA Memorandum of Understanding

New Mexico Non-Metro Area Agency on Aging

Note: Participant signatures on file with SFCC-Mosaica and NMAAA.



**MEMORANDUM OF UNDERSTANDING
SCOPE OF WORK AGREEMENT**

**Between SFCC Mosaica Inc.
and Non-Metro New Mexico Area Agency on Aging**

This Memorandum of Understanding-Scope of Work Agreement (MOU-SOW) is entered into on *June 24, 2026* (herein referred to as the “Effective Date”) by and between:

[Party A: Kris Swedin, CEO, Santa Fe Community College-Mosaica Inc., 1950 Siringo Rd., Santa Fe, NM 87508] (herein referred to as SFCC-Mosaica) and

[Party B: Daniel K. Osborn - Director, Non-Metro New Mexico Area Agency on Aging, 644 Don Gaspar, Santa Fe, NM 87505] (herein referred to as NMAAA).

Parties may be referenced individually as “Party” and collectively as “Parties.”

PURPOSE

The purpose of this MOU-SOW is to establish a good-faith foundation between the Parties for future collaborative efforts that are mutually beneficial – most specifically pertaining to the **Santa Fe Community College-Mosaica (SFCC-Mosaica) and the Non-Metro New Mexico Area Agency on Aging (NMAAA)**. The Parties agree to work together in a cooperative and coordinated manner to achieve each Party’s individual goals and the collective goals of the partnership.

This MOU-SOW outlines the specifics of the working relationship between the Parties to the mutual benefit of the parties and the communities they serve. This agreement does not obligate the Parties to provide funds or payment. This MOU-SOW does not bind Parties to any legal obligations.

DURATION OF MOU-SOW

This agreement becomes effective on the date it is signed by both parties. It remains in force unless explicitly terminated, in writing, by either party.

ROLES AND RESPONSIBILITIES

To achieve Parties’ mutual desires, each party agrees to the following roles and responsibilities:

SFCC-Mosaica Roles and Responsibilities:

- Collaborate with NMAA to facilitate free ABC suicide prevention classes across New Mexico. Programming will run from July 2026 – June 2027.

- Provide a link to the on-demand (screencast) ABC Suicide Prevention Partner Class. Streaming access via wi-fi internet is available for the length of this MOU-SOW.
- Provide ABC Suicide Prevention Informational Packets for Center Directors which will include the following: FAQ on the ABC Suicide Prevention program and training, a list of regional-local resources for mental health and suicide prevention, ABC sign-in sheet, ABC pre-post survey.
- Design an ABC Partner Class – Promotional Flyer available for centers to print and distribute.
- ABC to communicate with one designated NMAAA point of contact for dissemination and collection of all materials related to the rollout, execution, and reporting of the program.
- ABC Suicide Prevention will promote NMAAA-ABC Partner scheduled classes via appropriate communication channels and outreach for the duration of programming.

NMAAA Roles and Responsibilities:

- Collaborate with ABC Suicide Prevention to facilitate free ABC suicide prevention classes across New Mexico. Programming will run from July 2026 – June 2027.
- Announce the roll out of the ABC Suicide Prevention Partner Class at the NMAAA statewide meeting *July 2026*. Classes will be promoted and held at 122+ centers and 32 counties across New Mexico.
- Establish and confirm with ABC that each center will offer the ABC Partner Class 4 times over the duration of programming to agency staff, program participants, and the public. With two classes offered by *December 2026*, and two classes offered by *June 2027*.
- Distribute the ABC Partner class video link, the sign-in sheet, and the pre- and post-surveys to each NMAAA center. Sign-in sheets and pre and post surveys to be completed and returned to ABC via digital or hard-copy correspondence.
- Distribute an ABC Partner Card and gunlock to each participant who successfully completes the class.
- NMAAA to communicate with one designated ABC point of contact for dissemination and collection of materials related to the rollout, execution, and reporting of the program.

Parties agree to uphold their roles and responsibilities in a committed, good-faith manner.

RESOURCES

To further the collaborative relationship between the Parties, the Parties agree to provide the following resources.

SFCC-Mosaica will provide:

- Link to the on-demand (screencast) ABC Suicide Prevention Partner Class. Streaming access via wi-fi internet is available for the length of this agreement.

- Design resources including class flyer templates and ABC Suicide Prevention logo – as needed.
- Pre-Post ABC Partner Class Survey
- ABC Partner Class – FAQ and list of suicide prevention, mental health resources
- Gunlocks for all students (optional) who successfully complete the ABC Partner Class.
- ABC ID Partner Card - demonstrating successful completion of the training to all students.

NMAAA will provide:

- A class schedule for all ABC Partners classes for the duration of programming (July-2026-June 2027).
- For every ABC Partner Class: completed sign-in sheets with students' first and last name, and zip code.
- For every ABC Partner Class: Completed pre- and post-ABC Partner Class Surveys (anonymous).
- NMAAA logo and permission to list classes and collaboration on the ABC website.

Parties agree to provide the resources above at a minimum. *Each party agrees to bear their own financial burden of resources committed in this MOU-SOW unless otherwise specified.*

AMENDMENTS

The terms of this MOU-SOW may be amended upon written approval by both original parties and their designated representatives.

TERM AND TERMINATION

This agreement becomes effective on the date it is signed by both parties. It remains in force unless explicitly terminated, in writing, by either party or parties.

Either party may terminate this agreement by signing a termination addendum upon 30 days' written notice to the other party or parties.

The undersigned Parties acknowledge and agree with this MOU-SOW:

SIGNATURES

FOR: SFCC-Mosaica Inc.

DATE: _____

SIGNATURE: _____

PRINT NAME: _____

TITLE: _____

FOR: Non-Metro New Mexico Area Agency on Aging

DATE: _____

SIGNATURE: _____

PRINT NAME: _____

TITLE: _____

APPENDIX

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NMAAA Frequently Asked Questions

New Mexico Non-Metro Area Agency on Aging





Suicide Prevention is Everyone's Responsibility



Suicide is a tragic reality in New Mexico. Suicide can happen to anyone at any time in their life and rural communities, veterans, and construction workers are at particular risk. The ABC Suicide Prevention program was funded by the NM State Legislature, using taxpayer dollars so every New Mexican to take a free ABC Partner class and learn to talk about suicide and saves lives.

The NM Non-Metro Area Agency on Aging is collaborating with the ABC team to reach out to every person living in New Mexico. Who better to take the lead in rolling out ABC Suicide Prevention to every village, hamlet, town, and county in New Mexico, than the Senior Centers. We know our friends and neighbors. We care about them. We represent the heart and hope of our communities.

The ABC Marketing team will be rolling out a statewide marketing campaign for ABC Suicide Prevention and would like to feature the Senior Centers as a welcoming place to take the ABC Partner Class.

Next Steps - Action Item I:

By August 15, 2026 - send the four dates to Danny Osborn when your center will be offering the ABC Partner Class, with two classes scheduled between September – December 2026 and two classes scheduled between January-June 30, 2027.

Next Steps - Action Item II:

Create time for every employee to take the ABC Partner Class. Invite all the senior center participants to attend and open the classes to the public sixteen and older. To make a difference, we need as many people as possible in New Mexico to become ABC Partners.

Next Steps - Action Item III:

Promote the classes throughout your community. You know your community and how to reach folks. Is it on a local radio station or newspaper? Posters? Library bulletin board? Word of mouth? Email blast?

Next Steps - Action Item IV:

Everyone has received a QR code and a webpage link to take the ABC Partner class on their phone, a tablet or computer. It is free! Share it widely with anyone who cannot make it to a Partner Class in person at the local Senior Center.

Next Steps - Action Item V:

Have everyone attending the class sign-in, take a simple pre and post test, and return those to Danny Osborn. At the end of class offer, everyone a free gun lock and give them their ABC Partner Card!

Thank you for being a vital part of the solution. The Remote Agency on Aging will receive credit in the NM Legislature for how many New Mexicans they made ABC Partners.

Together we can share the ABCs. Together we can save lives!

APPENDIX

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ABC Partner List

Organizations Partnering with ABC Suicide Prevention • 2025–2026



ABC Partner List

Organizations Partnering with ABC Suicide Prevention · 2025–2026

The organizations below have partnered with the ABC Suicide Prevention Program to bring training, outreach, and resources to their employees, students, members, and communities across New Mexico.

- Associated General Contractors of New Mexico
- New Mexico Department of Veteran Services
- New Mexico State and Public Library System
- Santa Fe Mountain Center
- San Juan County Adult Detention Center
- San Juan Social Services
- Center for Health Innovation – Public Health Institute
- Western New Mexico University
- CNM – Central New Mexico Community College
- Santa Fe Public Schools
- New Mexico Department of Health
- NM HCA Behavioral Health Collaborative
- Sister Sky Native American Suicide Prevention
- Los Alamos Community Foundation – LAUNCH
- IATSE Local 480
- Roosevelt General Hospital (Portales)
- Aldo Leopold Charter School
- Grant County Sheriff Department / Emergency Medical Services
- Boys & Girls Club Pojoaque / Santa Fe
- City of Santa Fe Teen Center
- Santa Fe Community College
- UNM Student Association & Staff
- Dream Tree Project (Taos)
- Los Alamos County Human Resources
- Albuquerque Public Schools (planned)
- Taos/Questa School
- Las Vegas Community Foundation
- First Born and More
- New Mexico State Library
- US Department of Veteran Services
- Nurstead Mental Health & Counseling
- North Central Regional Transit District
- New Mexico Rural Agency on Aging
- New Mexico Public Education Department (planned)
- Northern New Mexico Acequia Associations
- Constellation Consulting
- New Mexico Head to Toe Conference
- Project ECHO – UNM (planned)
- Santa Fe Chamber of Commerce (planned)
- Children, Youth & Families Department of New Mexico
- Los Alamos National Laboratory

APPENDIX

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Regional, State-wide, and National Conferences

ABC Suicide Prevention Program Participation • 2025–2026



Regional, State-wide, and National Conferences

ABC Suicide Prevention Program Participation • 2025–2026

The ABC Suicide Prevention Program has been presented, sponsored, or represented at the regional, statewide, and national conferences listed below.

- SHRM Statewide Conference in Albuquerque, 2025
- AGC Mental Health Conference, 2025
- Fight for Life Gala, 2025
- Nurstead EMS Conference in Clovis, 2026
- Nurstead EMS Conference in Las Cruces, 2026
- Santa Fe Chamber of Commerce Women's Leadership Summit, 2025
- MOVE for Santa Fe Children's Museum, 2025
- Los Alamos Uniting for Community Health, Los Alamos Community Foundation, September 2025
- Raton Regional Economic Summit, October 2025
- Santa Fe Community College Career Day, 2025, 2026
- New Mexico Broadband Summit — Sponsor and Speaker, December 2025
- Santa Fe Chamber of Commerce Annual Legislative Reception, 2026
- Suicide Prevention Awareness Day at the Round House, January 2026
- NM Medical Society Annual White Coat Day at the Round House, January 2026
- Broadband Networking Job Fair at SFCC, April 2026
- The Close It Summit 2026 and NM Workforce Conference, May 2026
- New Mexico Counties Annual Conference in Gallup, July 2026
- New Mexico Non-Metro Area Agency on Aging Innovation Summit, July 2026
- Energy Out West National Conference, August 2026
- Santa Fe Community College Governing Board Presentations, October 2025 and August 2026
- AGC Mental Health Conference in Albuquerque, 2026
- New Mexico Seniors Conference in Glorieta, September 2026
- Santa Fe Community College – Wellness Center – Mental Health